



Physical Education



2023-24 Welcome!

Teacher: Mr Panozzo

Hello all parents, guardians, and Cassell community members! I am so excited to begin my 5th year at Cassell and 9th year overall as your students' Physical Education teacher!

We have so much content to catch up on, so the curriculum will be rigorous, exciting, and hopefully enjoyable for all students. To begin the year, as always, the entire school will participate in fitness testing activities. Going forward, some of the focus will be on-

K-2 - Elementary student's activities will focus on growth in affective, psychomotor and cognitive areas through the introduction of a variety of tasks and activities.

3-5 - Intermediate students will develop their teamwork, motor, and social skills through gameplay of a multitude of sports and games.

6-8 Middle School students will participate in the "Sports Education" model, a framework that promotes student-led participation and learning that comes from areas outside of game participation.

Expectations and Grading:

- ☐ The #1 expectation and grading criteria is that students come to gym class prepared to participate and learn. This comes with a two-fold approach -
 - ☐ Participation in learning activities and assessments- No one is an expert in every area, all I want to see is effort! **25%**
 - ☐ **Dress in the Cassell PE uniform** - This includes gym shoes, sweatpants, and a Cassell t-shirt/sweatshirt (please refer to the handbook for exact guidelines). There will be lenience with this until mid September so everyone can equip themselves properly. **25%**
- ☐ Grading activities will also include-
 - ☐ Summative assessments **25%**
 - ☐ Formative assessments and other learning activities **25%**

I am looking forward to working with each and every student and to helping them grow! Let's have a great school year, and go Eagles!

Mr Panozzo "Mr P"